Shamanic Healing.

Shamanic healing is a very ancient healing practice that looks at the spiritual cause of illness or dis-ease. From a shamanic viewpoint there are two main reasons why we become ill or out of balance these are that we have lost something that we need or that we have gained something that we should not have. As a modern-day shamanic practitioner, a healer for the soul, I work with trusted spirit helpers who are all knowing, compassionate beings, to return power and to remove negativity. Thus restoring a sense of wholeness, harmony and well being.

Prior to your healing I ask that you come and meet me, if possible. Some aspects of shamanic healing can be done absently, for people who live away or whose circumstances do not allow them to visit. It is also a very intimate healing for I will be touching your soul 'into me see.' I will 'see' your wound be it emotional, physical, mental or spiritual. Shamanic healing is not for everyone, and it allows you to see if it is right for you. There is no charge for this.

If you do decide to have a healing I will journey to my helping spirits prior to your arrival to establish what is needed. Sometimes a person will require the return of their power in the form of a wild animal that is a guardian and protector for our physical form. Others require a combination of soul-retrieval and extraction work or entity removal.

Each session lasts between one and two hours in duration and I provide you with all the details of your session, what has been done and suggestions to help integrate the returned soul-parts back into your life.

Soul Retrieval

Is a method for returning parts of our soul that have left due to trauma or loss. Our soul, in this method, is our animating principle or the essence of who we are. A person suffering soul-loss may feel disconnected from life or have difficulty staying present. A numbness or sense of apathy may be present or you may have difficulty moving on from a relationship or the loss of a loved one. In short you do not feel like 'you' any more.

Extraction Work

Is used to release any negative energy that you may have attracted as a result of soul-loss. Occasionally this can include over-shadowing

influences, thoughts and actions that you feel do not belong to you or even curses or spells that you feel may have been put on you.

Power Animal Retrieval

Is the return of your guardian protector who takes the form of a wild animal. When we have lost this presence we can feel as if everything in our life is going wrong. The return of this protector spirit can help us feel powerful once more.

De-Possession Work

Is for clients who have a possession related illness and who may be suffering as a result. This cannot be done absently.

Shamanic Counselling

Following shamanic healing some clients chose to experience the shamanic journey for themselves. This may be to integrate the healing or to meet the returned soul-parts or their power animal; or, simply to get answers for themselves. Over six sessions your can journey to the lower-world and upper-world, and meet your own helping spirits. You can experience another reality, none ordinary reality.

Healing Your Home.

A number of clients expressed concern that they did not feel comfortable in their own home or that ghosts were disturbing their children. This caused me to look at healings for the house and home.

It may be that you no longer feel secure or safe in your home, or are having difficulty selling your home sensing that 'something' is putting potential buyers off. Maybe your relationship has deteriorated since moving into your new home or you feel the shadow of the previous occupants. There are many things that can affect the harmony of your home, and I offer a combination of methods both shamanic in nature and dowsing to remove detrimental influences and restore happiness in a safe and empowering way.